EIGHTH EDITION

Innovative Teaching Strategies in Nursing and Related Health Professions

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Brief Contents

	Foreword Preface Contributors Reviewers	xii xiv xv xvii
SECTION I	Introductio	n 1
	Chapter 1	Effective Learning: What Teachers Need to Know3
	Chapter 2	Culture and Diversity in the Classroom16
	Chapter 3	The Teaching—Learning Experience from a Generational

	Perspective	34
Chapter 4	Socializing Students to Professional Behaviors	46
Chapter 5	Strategies for Innovation.	59
Chapter 6	Clinical Reasoning: Action-Focused	70

SECTION II	Educational Use of Technology 83	
	Chapter 7	Using Multimedia in the Blended Classroom
	Chapter 8	Teaching in the Online Environment 102
	Chapter 9	Social Media as a Context for Connected Learning113

iii

iv Brief Co	ontents	
SECTION III	Teaching in	Structured Settings 127
	Chapter 10	Using Lecture in Active Classrooms 129
	Chapter 11	Lighten Up Your Classroom
	Chapter 12	Problem-Based Learning161
	Chapter 13	Debate as a Teaching Strategy171
	Chapter 14	Games Are Multidimensional in Educational Situations180
SECTION IV	Teaching in Practice Set	Experiential tings 191
	Chapter 15	The Clinical Skills Laboratory193
	Chapter 16	Interprofessional Education Strategies202
	Chapter 17	High-Fidelity Patient Simulation: An Evolving Strategy
	Chapter 18	Facilitating Learning Using Patient Simulation241
	Chapter 19	Learning in an Interprofessional Faculty-Mentored Student Practice Center273
SECTION V	Teaching in	Unstructured Settings 287
	Chapter 20	Philosophical Approaches to Clinical Instruction
	Chapter 21	Crafting the Clinical Experience: A Toolbox for Healthcare Professionals 298
	Chapter 22	Clinical Preceptorships
	Chapter 23	Service Learning
	Chapter 24	Engaging Students in Global Health Endeavors

v

SECTION VI	Evaluation	373
	Chapter 25	Concept Mapping: A Meaningful Learning Tool to Promote Conceptual Understanding and Clinical Reasoning
	Chapter 26	The Clinical Pathway: A Tool to Evaluate Clinical Learning
	Chapter 27	Truth or Consequences: The Significance of Giving and Receiving Evaluation Feedback
	Chapter 28	Program Evaluation
	Index	430

Forewordxii
Preface xiv
Contributorsxv
Reviewers xvii

SECTION I Introduction

1

Chapter 1 Effective Learning: What Teachers Need to Know 3

Theories of Learning 3
Approaches to Learning5
Use of Learning Styles and Preferences
Effective Teaching for Effective Learning
Future Considerations11
Conclusion11
Discussion Questions
References15

Chapter 2 Culture and Diversity in the Classroom 16

Introduction16
The Past
The Present19
The Importance of Culture in
Education
Working with a Diverse Student Body25
Faculty Diversity
Conclusion
Discussion Questions
References

Generational Perspectives of Faculty
and Students35
Generational Considerations for
Educators41
Conclusion44
Discussion Questions
References 44

Cultivation of Professional Behaviors 46
Connection Between Bullying and Unsafe Behaviors
Moral Distress49
Coping Strategies for Students50
Looking in the Mirror: Self-Reflection
for Teaching Faculty51
Conclusion51
References57

Chapter 5 Strategies for Innovation 59

ntroduction59	9
The Themes of Innovation60)
Developing Innovative Strategies60)
The Innovation Process61	1
Becoming an Innovation Leader66	5

5
7
3
)

Introduction70
Clinical Reasoning Framework70
Types of Learners72
Conditions for Learning76
Potential Issues
Conclusion81
Discussion Questions
References

SECTION II Educational Use of Technology 83

Definition and Purposes8	5
Theoretical Foundations	6
Types of Learners	9
Conditions for Learning8	9
Using the Method	0
Conclusion	8
Discussion Questions	0
References10	0

Chapter 8 Teaching in the Online Environment 102

Introduction	102
Definitions and Purpose	103
Theoretical Foundation	103

Гуреs of Learners104
Synchronous Versus Asynchronous105
Resources and Methods106
Jsing the Method107
Conclusion109
Discussion Questions111
References111
Recommended Reading112

Chapter 9 Social Media as a Context for Connected Learning 113

Introduction11
Using Social Media Tools Within a Course
Using Social Media to Connect Beyond the Course12
Conclusion12
Discussion Questions
References12

SECTION III Teaching in Structured Settings 127

Chapter 10 Using Lecture in Active Classrooms 129

Introduction129	
Definition and Purposes130	
Theoretical Rationale130	
Types of Learners133	
Preparing Oneself to Lecture135	
Resources137	
Potential Issues141	
Evaluation144	
Conclusion145	
Discussion Questions145	
References145	

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vii

Chapter 11 Lighten Up Your Classroom...... 147

Introduction147
Definition and Purpose148
Theoretical Foundations149
Types of Learners150
Conditions for Learning151
Resources152
Using the Method154
Potential Issues155
Conclusion
Discussion Questions
References156
Humor Assessment Resources
Directions159
Sources

Chapter 12 Problem-Based Learning...... 161

Introduction161
Definition and Purpose161
Theoretical Rationale162
Conditions for Learning164
Resources164
Using the Problem-Based Learning Method164
Using the Problem-Based Learning Method165
Potential Issues
Conclusion
Discussion Questions
References

Chapter 13 Debate as a Teaching Strategy 171

Introduction	.171
Theoretical Rationale	.172
Conditions for Learning	.173
Types of Learners	.173
Resources	.174

Using the Method175
Potential Issues177
Conclusion178
Discussion Questions
References179

Chapter 14 Games Are Multidimensional in Educational Situations...... 180

Introduction180
Definition and Purpose
Theoretical Foundations
Conditions for Learning182
Types of Learners
Resources184
Using the Method185
Potential Issues187
Conclusion188
Discussion Questions
References189
Recommended Readings

SECTION IV	Teaching in	
	Experiential	
	Practice	
	Settings	191

Chapter 15 The Clinical Skills Laboratory 193

Definition and Purpose193
Theoretical Rationale194
Selecting Teaching Strategies
Conditions for Learning and Resources 197
Using the Method198
Potential Challenges
Conclusion201
Discussion Questions
References

Introduction203
Interprofessional Education
Theoretical Foundation
Types of Learners
Using the Method: Interprofessional
Education Strategies
Potential Problems212
Conclusion
Discussion Questions
References213
Recommended Reading214

Chapter 17 High-Fidelity Patient Simulation: An Evolving Strategy 215

Introduction215
Definition and Purposes216
Simulation-Enhanced Interprofessional Education
High-Fidelity Human Patient Simulators
Conditions for Learning
Theoretical Foundations
Nursing Resources for the Use of HPS228
Trends and Gaps in the Use of Simulation
Recommendations for the Future of High-Fidelity Simulations232
Conclusion
Discussion Questions
References237

Chapter 18 Facilitating Learning Using Patient Simulation 241

Introduction.													.2	41	
Definitions													.2	42	

Purpose of Integrating Simulation242
Educator Development in Simulation Pedagogy243
Using Simulation as a Teaching Strategy245
Implementing the Simulation-Based Learning Experience
Evaluation/Assessment
Research and Advancement
Opportunities264
Conclusion
Discussion Questions
References

Use of the Teacher-Practitioner-Scholar
Model
The Advanced Practice Clinical Center 279
Types of Learners
Conclusion
Discussion Questions
References

SECTION V Teaching in Unstructured Settings 287

ntroduction	.289
Role of the Clinical Instructor	.289
Foundations for the Selection of	
Clinical Activities	.291

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ix

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Innovations in Clinical Instruction2	93
Faculty Development2	95
Conclusion2	95
Discussion Questions2	96
References2	96

Chapter 21 Crafting the Clinical Experience: A Toolbox for Healthcare Professionals 298

Introduction	.298
Role Preparation	.298
Implementing the Role	.300
Student Issues	.307
Evaluation of Clinical Learning	.311
Conclusion: Light at the End of the	
Tunnel	.321
Discussion Questions	.321
References	.321

Chapter 22 Clinical Preceptorships ... 323

Introduction
Definition and Purposes
Clinical Teaching Models
The Precepting Process
Rules and Regulations
Resources
The Precepting Method
Evaluating the Precepted Clinical
Experience
Challenges in Preceptorship Learning334
Recognizing the Preceptor's
Contribution335
Conclusion
References
Recommended Reading

Chapter 23 Service Learning . . 340

Introduction3	40
Definition and Purpose3	40

Theoretical Foundations
Types of Learners
Conditions for Learning
Resources
Using the Method
Reflection
Potential Problems
Conclusion348
Discussion Questions
References

Introduction35	3
Definition and Purposes	4
Theoretical Rationale	5
Crafting the Global Experience	5
Learners: Recruiting and Cultivating Interest	51
The In-Country Experience	64
Conclusion	5
Resources	6
Discussion Questions	0
References	0

SECTION VI Evaluation 373

Chapter 25	Concept Mapping:
	A Meaningful
	Learning Tool to
	Promote Conceptual
	Understanding
	and Clinical
	Reasoning 375
La casta de la tracta de	275

Introduction	/5
Definition and Purposes	76
Theoretical Rationale	77
Conditions3	80
Types of Learners	81
Using the Method3	83

Conclusion	2
Discussion Questions	13
References	13

Chapter 26 The Clinical Pathway: A Tool to Evaluate Clinical Learning . . 397

Introduction
Definition and Purpose
Theoretical Foundations
Conditions
Types of Learners
Resources
Using the Method400
Potential Issues
Conclusion
Discussion Questions
References

Chapter 27 Truth or Consequences: The Significance of Giving and Receiving Evaluation Feedback 406

Introduction
Definition and Purpose406

Theoretical Foundations
Types of Learners410
Conditions for Giving Feedback
(Where, When, and Why)412
Using the Method413
Potential Issues
Conclusion418
Discussion Questions
References418

Chapter 28 Program Evaluation 420

Introduction420
Defining Program Evaluation421
Finding Value in Program Evaluation421
Program Evaluation Perspectives422
Examining the Context for Program Evaluation423
Theories of Program Evaluation424
Frameworks for Program Evaluation424
Culture of Program Evaluation425
Standards and Process of Program
Evaluation426
Conclusion
Discussion Questions
References

Index 4	30
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xi

Foreword

Some of us in education were fortunate enough to become academically prepared to teach, design learning experiences and curricula, and evaluate learners' achievements and programmatic effectiveness. We are in the minority. Many people, even today, enter into an educator role armed with great experiences, a degree in a specialty field (such as nursing, medicine, pharmacy, or physical therapy), and a desire to help others learn. The proverbial "toolkit" to teach has relatively few tools in it. As a result, some of us struggle through by the familiar, all-too-common, and unnecessary approach of trial and error. Some of us are fortunate enough to be paired with master teachers who vest their knowledge and abilities in us so that we can learn a new role. Or, we find a reference (or several) that helps us figure out what this new field of endeavor is.

Along comes the latest edition of *Innovative Teaching Strategies in Nursing and Related Health Professions*. The eighth edition, as those before it, is packed with information that is useful to two diverse audiences:

- 1. The new-to-education people (described previously), and
- 2. The seasoned educators (who want/need validation, a handy reference, or a review of what is new).

The first group obviously benefits from such a book. For example, if we had never really taught before (providing a presentation occasionally at a continuing education event is helpful, but those learners are typically very different from those seeking formal degrees), wouldn't we want to know if the people we are serving (our learners) were learning effectively? Understanding how students learn helps us figure out quickly that the lecture format, while useful, cannot be our primary strategy to help others learn, especially in practice-based disciplines.

When learners were homogenous (mostly men in medicine and women in nursing, as an example; almost always white and young), we didn't seem to worry so much about cultural considerations. Then we realized that if we wanted to be effective as providers of health care, we needed to understand how people different from us view the world and health care. And that idea carried over to the desire to incorporate an array of people known as physicians, nurses, pharmacists, therapists, and so forth. Once we committed (or remain in the phase of committing) to a broader perspective of who could be a healthcare provider, we had to look at what and how we were teaching them about their profession and how to care for people who were different from them. Those are just some of the examples of what new-to-education people are grappling with.

Although we might think the second group needs little help, we know that is incorrect because knowledge and strategies are changing all the time. So, even though some of us are seasoned, we can hardly keep up with the numerous changes

xiii

that affect what we teach and how we teach it, let alone emerging frameworks for learning and evaluation. Moving from the idea of critical thinking to one of clinical thinking or reasoning is one such example. Seasoned faculty have had the majority of their experience in teaching in a formal classroom setting, so when online education emerged, we had a lot of people scrambling to learn how best to take on this new approach, whether it was the solo modality or part of a hybrid approach. And no matter how quickly we adapted, the advent of social media presented a major challenge. What was once one or two approaches to learn has mushroomed to the point that we have to determine which of the many options we will incorporate to communicate with learners and engage them as active learners. I personally love that the book addresses humor in the classroom because a lot of people have gotten that all wrong!

Because developing skills remains such a critical part of many roles, finding chapters on what to do with the skills of teaching is useful. Whether those skills are a part of a basic skills lab or a part of high-fidelity simulation, they take knowledge and practice to be effective. Then, we have the all-important actual clinical experiences. No aspect of teaching seems to be omitted in this book, which is a good thing based on the flexibility we must embrace to create memorable and sustainable learning opportunities.

Two more recent foci of educational changes have been the need to think globally (or, my favorite version of it—glocally) and to be engaged in interprofessional learning to enhance interprofessional practice. These two concepts are also addressed.

From learning to understand the students to learning to understand what students learned, this book takes us through the various aspects so that we can either learn the information we don't have or enhance the information we do have. Being able to find information in one place that enhances our ability to work with learners is a gift. Enjoy the present.

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Preface

This edition of *Innovative Teaching Strategies in Nursing and Related Health Professions* continues the theme of interdisciplinary collaboration in health professions education. The need to capitalize on the contributions of numerous healthcare professionals is increasingly important in light of the current, complex healthcare system. Education has a knowledge base that crosses over disciplinary lines and is one we need to understand in order to be effective in our work. The strategies presented are timely, used by seasoned educators, and consider both teachers and learners. You can use these strategies in structured (classroom or online) settings, clinical practice lab settings, and patient care clinical practice settings (unstructured).

This text incorporates educational principles and techniques to encourage and advance learning for students in all higher education settings, at the graduate and undergraduate levels. Learning is the focus, and educators can choose strategies that best address the learning needs of students in their professions. This book also includes strategies for recognizing and working with a diverse student population.

It is not possible to present all methods and versions of technology that are available, but we present effective ways to utilize current and future technology to enhance learning. Technology is a means, not an end, to enhance teaching effectiveness. It is the individual teacher who uses evidence and best practices to make decisions about which strategy or form of technology to use to meet learning goals.

This edition contains a new chapter addressing essential behaviors, which all students entering the health professions need to know and apply. Underlying values and principles are presented and methods are provided to socialize students and teach them professional behaviors in face-to-face, online, and clinical settings.

Where interprofessional education (IPE) often began as a novelty experience tacked on to health professions programs, it has become a key thread in most health professional curricula. Chapters on the clinical skills lab and educational simulation reflect the increasing integration of IPE into health professions programs.

It is our intent that this book will be a useful resource for current and future educators in all health professions to utilize strategies which encourage students to enhance and deepen their learning.

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