

FIFTH EDITION

SHORT COURSE IN **MEDICAL TERMINOLOGY**

Engage, Learn, Apply, Reflect

Judi L. Nath



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This book is dedicated to students who
challenge themselves. Thank you!

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New to This Edition

This new edition builds on the foundation established in the previous four editions. The reader will find the writing style of this edition easy to follow, with special focus given to ensuring that each page is user friendly, accessible to all learning levels, and sensitive to diversity, equity, and inclusion issues. As an educator, I wanted to be sure that students found the content manageable, interesting, and understandable.

Approach and Content Organization

This section outlines the global changes that were made throughout the entire textbook as well as the chapter-by-chapter changes. Changes across all chapters are introduced first.

Global Changes

- The narrative has been modernized to make the text user-friendly and approachable.
- To engage readers, each chapter begins with a relevant Case Study. This Case Study wraps up at the end of the chapter and is followed by Case Study Application Questions. This follows the model of **Engage, Learn, and Apply**.
- A **Reflection** section finishes each chapter and allows readers to think about what they have learned with directed questions.
- Study Tables may contain terms that are not in the narrative; however, most bold-faced terms in the narrative are found in the Study Tables. The book would be unwieldy with text if the terms in the tables were also in the narrative. The most relevant terms were selected for inclusion in the tables.
- All terminology has been updated so that terms are current and match words used in common practice.
- Appendixes A through E have been updated so the information is the most current and nationally recognized.

Basic Chapter Outline

1. Learning Outcomes
2. Case Study
3. Introduction
4. Word Parts Related to the XXX System
5. Structure and Function
6. Quick Check (at least one per chapter)
7. Disorders Related to the XXX System
8. Diagnostic Tests, Treatments, and Surgical Procedures
9. Practice and Practitioners
10. The XXX System Abbreviation Table
11. Sidebar (at least one per chapter)
12. The XXX System Study Table (alphabetized within subheadings)
 - Structure and Function
 - Disorders
 - Diagnostic Tests, Treatments, and Surgical Procedures
 - Practice and Practitioners
13. Case Study Wrap-Up
14. Case Study Application Questions
15. End-of-Chapter Exercises—not all exercises may be present, but the order of exercises is maintained
 - Exercise X-X Labeling
 - Exercise X-X Word Parts
 - Exercise X-X Word Building
 - Exercise X-X Matching
 - Exercise X-X Multiple Choice
 - Exercise X-X Fill in the Blank
 - Exercise X-X Abbreviations
 - Exercise X-X Spelling
 - Exercise X-X Medical Report
16. Reflection

Chapter-by-Chapter Changes

Chapter 1 Analyzing Medical Terms

- New Case Study: Greta's Losing Her Groove
- Updated section on word root, *ped/o*
- Updated Table 1-1
- Updated Table 1-3

Chapter 2 Common Prefixes and Suffixes

- New Case Study: Bear's Bad Day
- Updated Table 2-2
- Updated Table 2-4
- Updated Table 2-5

Chapter 3 Organization of the Body

- New Case Study: Trayvon's Tibia
- Revised Table 3-3
- Revised Table 3-5
- Revised Study Table, Body Position and Directional Terms
- New Terms: sagittal section, transverse section

Chapter 4 The Integumentary System

- New Case Study: Hot Tub Hives
- Revised section on skin cancer
- Revised section on liquid nitrogen

Chapter 5 The Skeletal System

- New Case Study: Fall in February
- Revised section on axial skeleton
- Revised section on joint movements
- New Terms: osteoblast and osteoclast

Chapter 6 The Muscular System

- New Case Study: My Head Is Heavy
- New Abbreviation: MRI
- Updated section on amyotrophic lateral sclerosis (ALS)
- New Terms: blood tests, lumbar puncture, magnetic resonance imaging, muscle biopsy, myopathy, nerve conduction studies, polymyositis, rheumatologist, spinal tap, and urine tests

Chapter 7 The Nervous System

- New Case Study: Pierce Can No Longer Play
- New Abbreviations: CP and MG
- New Terms: amyotrophic lateral sclerosis, cerebral palsy, electromyography, nerve conduction study, spina bifida, and torticollis

Chapter 8 The Special Senses of Sight and Hearing

- New Case Study: Purple Rain
- Updated section on disorders related to the eye
- Changed sidebar information on abbreviations from AU to AS
- New Terms: floaters, retinal detachment, vitrectomy

Chapter 9 The Endocrine System

- New Case Study: Felicity's Fatigue
- New Abbreviations: HbA1c, HRT, and OXT
- Updated diabetes mellitus section
- New Terms: gestational diabetes, lactotropin, parathormone, polyphagia, prediabetes, urinalysis, and vasopressin

Chapter 10 The Cardiovascular System

- New Case Study: Brian's Blood Bruise
- New Abbreviations: DVT, ECG, PA, PE, and US
- Updated MONA to THROMBINS₂
- New Terms: cardiac ablation, cardiothoracic surgeon, coronary sinus, deep vein thrombosis, embolism, murmur, physician assistant, pulmonary embolism, thrombus, and thromboembolism

Chapter 11 The Lymphatic System and Immunity

- New Case Study: Piano Playing Petra
- New Abbreviations: CRP test
- New Terms: C-reactive protein (CRP) test, ibuprofen, rheumatologist

Chapter 12 The Respiratory System

- New Case Study: My Child Tastes Salty
- New Abbreviations: CT
- Revised sections on tonsils and respiratory system disorders
- Added a sidebar on the difference between mucous and mucus
- New Terms: hypercapnia, hypercarbia, and mucolytic

Chapter 13 The Digestive System

- New Case Study: Mario's Malaise
- New Abbreviations: BP, GP, HTN, IBD, LGI, UGI, SOB, UC, WBC
- New Terms: colostomy, gastrostomy, H₂-receptor antagonists, icterus, ileostomy, inflammatory bowel disease, malaise, ostomy, stool studies, ulcerative colitis, vermiform appendix

Chapter 14 The Urinary System

- New Case Study: Skin Frost
- New Abbreviations: UACR
- Added a sidebar on the origin of the abbreviation GC for gonorrhea
- New Terms: azotemia, continuous ambulatory peritoneal dialysis, extracorporeal dialysis, glucosuria, pararenal fat, renomegaly, uremic frost, uresis, voiding

Chapter 15 The Reproductive System

- New Case Study: Paige's Problematic Pregnancy
- Deleted words: prostatomegaly, trachelitis
- New Terms: Cowper's gland, ductus deferens, estimated date of confinement, estimated date of delivery, gravid, hysterodysnia, labor, leiomyoma, orchidectomy, placenta previa, sexually transmitted infection, spermatic cord, testicle, trachelectomy, prostate gland, spermatocyte, spermatozoa

Appendix E Top 100 Prescribed Medications

- Revised table

Other Resources

Online ancillary materials complement the text and provide additional support for student learning.

Student Resources

- Anatomy and Physiology Review Module
- Audio Glossary
- Flash Cards
- Worksheets
- Learning Objectives

Instructor Resources

- Slides in PowerPoint format and Lesson Plans include useful information to facilitate presentation of material by instructors.

- A Test Bank to test students' knowledge of key chapter content.
- Answer Keys to both in-text questions and Worksheets.
- Sample Syllabus
- Image Bank
- Lecture Outlines



Author's Preface

Welcome to the field of medical terminology. This workbook-textbook is intended to teach the language of medicine in an engaging and meaningful way. It is written to represent the real world so that you can move seamlessly from the classroom to actual practice. The approach is based on research that demonstrates how students learn best. To that end, each chapter begins with an engaging case study, followed by ample opportunity for learning and applying, and concludes with reflection. Learning and application use a three-pronged approach: (1) immersion—the terms are presented in context; (2) chunking—the material is given in manageable units; and (3) practice—exercises allow you to check your knowledge and your ability to apply concepts to new situations. Learning word parts is also an essential component of learning medical terms. If you learn the word parts tables, you will be well on your way to knowing medical terms you have never encountered because you can figure them out by breaking apart the new words into their component word parts. This will be quite useful, because not every word you will encounter in your careers is found in this book; but you will be equipped with the knowledge to understand the meaning of new words. Pay special attention to the analysis sections in the Study Tables, as these provide interesting, foundational information for forming medical terms.

While learning medical terminology, you will also learn some basic anatomy (body structures), physiology (body functions), and pathology (body diseases). Because medical terms describe the human body in health and in disease, attaining an elementary understanding of these topics will help you retain a working memory of medical language.

Learning medical terms can be easy if you approach the subject from a proper perspective. Begin by telling yourself that medical terms do not make up a separate language. Medical terms are simply words that you can add to your vocabulary. As with all words, medical words are meant to convey information.

As you enter a medical profession, you will be communicating with other medical professionals and with patients. Therefore, your job will include choosing words and sentence structures that communicate accurate information and reflect a professional attitude. Both your communication skills and your behavior toward patients are very important. As you are about to discover, learning medical terminology can be easy at times and challenging at others. However, if you use the textbook and its ancillaries to their fullest, you will be well on your way to mastering medical terminology.

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User's Guide

A Short Course in Medical Terminology, Fifth Edition was developed to provide an easy, efficient, and effective way to learn medical terminology. This User's Guide introduces the features of the book that help the learning experience.

A **logical organization** guides you through the basics of medical terminology, word parts, and word analysis.

Chapters 1 and 2 introduce the basics of word building and set the foundation for learning terms.

Chapters 3–15 offer an overview of each body system and introduce terms that identify the structure and function of that system along with terms that name system disorders, diagnostic tests, treatments, surgical procedures, practice, and practitioners.

Each chapter opens with a list of **Learning Outcomes**. These are measurable educational aims and objectives that indicate what you should be able to do after completing the chapter.

A chapter-specific **Case Study** follows the Learning Outcomes. Opening Case Studies engage you for learning, which prepares you for the **Case Study Application Questions** that are posed after the **Case Study Wrap-Up**.

An introduction and a tabular presentation of **Word Parts** related to a specific body system are presented next.

Word Parts Exercises offer you an opportunity to quickly review the word parts before moving on to new material.

Structure and Function sections with **full-color illustrations** help you learn basic anatomy and physiology using tight text–art integration.

Quick Checks are exercises that help reinforce your knowledge of term parts before studying disorders related to the body systems.

All body system chapters include an **Abbreviations Table**, which lists common abbreviations and their meanings used in the chapter.

Sidebars appear throughout to highlight interesting facts about medical terms and words in general.

All body system chapters include a **Study Table** summarizing terms for reinforcement of the material in an easy-to-reference format. Some terms in the table are not found in the running narrative, but they are important to include for general reference, or the terms are used in the end-of-chapter case study.

The **Case Study Wrap-Up** picks up where the introductory case study left off. This wrap-up provides additional information, using terminology learned in the chapter. It concludes with the **Case Study Application Questions** that allow you to apply your knowledge.

End-of-Chapter Exercises and a **Medical Report** close out each chapter to maximize learning. Exercises include figure labeling, word building, matching exercises, multiple-choice questions, fill in the blank, short answer, true/false, and spelling. The Medical Report and Case Study Wrap-Up provide real-world application of medical terms and give you an opportunity to interact with the chapter material as you would in a clinical setting.

Each chapter concludes with **Reflection** questions. Taking time to reflect and think about what you have just learned is an important piece for long-term growth and learning.



Reviewers

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