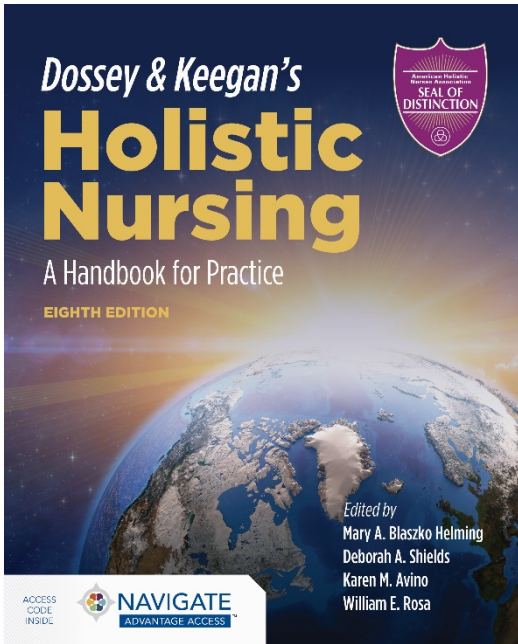


TRANSITION GUIDE



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ISBN: 9781284196528
Paperback with Navigate 2 Advantage
Access
688 pages • © 2022

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This transition guide serves to outline the updates and new content found in *Dossey & Keegan's Holistic Nursing: A Handbook for Practice, Eighth Edition*.

OUTSTANDING FEATURES

- Sections aligned to the 2019 American Holistic Nurses Association's (AHNA) Core Values, helping guide readers seamlessly through the foundations of holistic nursing
- Expanded content on self-care and self-reflection, recognizing the high-stress environments in which nurses work and offering tools to help them balance work alongside their own wellbeing
- Case studies incorporated throughout allow readers to connect the dots and put holistic theories and concepts into practice
- Comes with Navigate Advantage Access, including an expanded table of dietary supplements, PPTs, a Test Bank, and instructor-facing tools such as a sample syllabus and an Instructor's Manual

REVISION UPDATES

- All chapters updated to reflect the most current holistic theories, concepts, and literature
- Chapter 26 expands on the integration of holism into education and practice, emphasizing the impact a holistic approach has for nurses and lifelong learning
- "Advanced Concepts" now includes additional topics such as leadership and approaches for chronic health challenges to encourage continued holistic practice by advanced practice nurses.

APPLICABLE COURSES

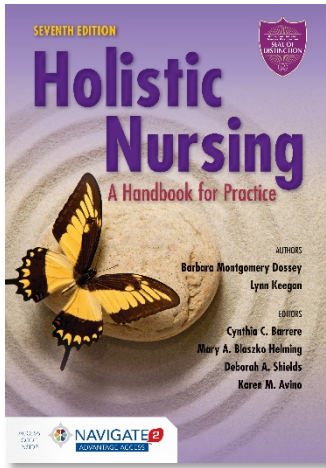
- Holistic Nursing
- Integrative Nursing
- Complementary and Alternative Therapies
- Health & Wellness

INSTRUCTOR RESOURCES

- Chapter Quizzes
- Midterm
- Final
- PPTs
- Instructor's Manual
- Syllabus
- Dietary Supplements Table (expanded)

CHAPTER OUTLINE

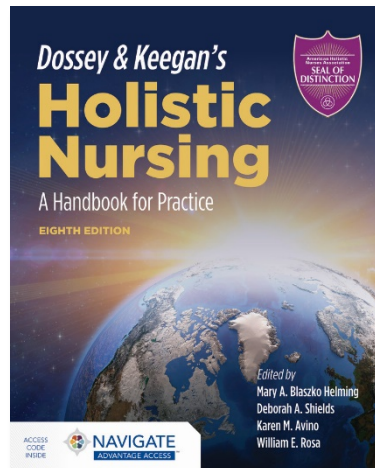
This chapter outline comparison has been created to help you easily transition to the *Eighth Edition*. Note that chapter content from the *Seventh Edition* may now be found in a different chapter in the *Eighth Edition*. Also note that chapter numbers and titles may have been updated.



Holistic Nursing: A Handbook for Practice, Seventh Edition

By Barbara Montgomery Dossey and Lynn Keegan

Edited by Cynthia C. Barrere, Mary A. Blaszk Helming, Deborah A. Shields and Karen M. Avino



Dossey & Keegan's Holistic Nursing: A Handbook for Practice

Edited by Mary A. Blaszk Helming, Deborah A. Shields, Karen M. Avino and William E. Rosa

Seventh Edition	Eighth Edition
CORE VALUE 1: Holistic Philosophy, Theories, and Ethics	CORE VALUE 1: Holistic Philosophies, Theories, and Ethics
Chapter 1: Holistic, Integral, and Integrative – Local to Global	Chapter 1: Nursing History and the Evolution of Holistic Nursing
Chapter 2: Holistic Nursing: Scope and Standards of Practice	Chapter 2: Holistic Nursing: Scope and Standards of Practice
Chapter 3: Current Trends and Issues in Holistic Nursing	Chapter 3: The Theory of Integral Nursing
Chapter 4: Transpersonal Human Caring and Healing	Chapter 4: Current Trends and Issues in Holistic Nursing
Chapter 5: Nursing Theory in Holistic Nursing Practice	Chapter 5: Transpersonal Human Caring and Healing
Chapter 6: Holistic Ethics	Chapter 6: Holistic Ethics
Chapter 7: Spirituality and Health	Chapter 7: Spirituality and Health
	Chapter 8: Nursing Theory in Holistic Nursing Practice
	Chapter 9: Holistic Leadership
CORE VALUE 2: Holistic Caring Process	CORE VALUE 2: Holistic Nurse Self-Reflection, Self-Development, and Self-Care
Chapter 8: The Holistic Caring Process	Chapter 10: Self-Development: The Foundation of Holistic Self-Care
Chapter 9: Energy Healing	Chapter 11: Self-Assessments
Chapter 10: The Psychophysiology of Body-Mind Healing	Chapter 12: Nutrition
Chapter 11: Relaxation	Chapter 13: Exercise and Mindful Movement
Chapter 12: Imagery	
Chapter 13: Touch and Hand-Mediated Therapies	
Chapter 14: Creative Expressions in Healing	
Chapter 15: Aromatherapy	
Chapter 16: Herbs and Supplements	
Chapter 17: Dying in Peace	
CORE VALUE 3: Holistic Communication, Therapeutic Environment, and Cultural Diversity	CORE VALUE 3: Holistic Caring Process
Chapter 18: Cultural Diversity and Care	Chapter 14: The Holistic Caring Process

Chapter 19: Holistic Communication, Therapeutic Environment, and Cultural Diversity	Chapter 15: Energetic Interconnectedness
Chapter 20: Relationships	Chapter 16: Psychoimmunology
Chapter 21: Nurse Coaching	Chapter 17: Interprofessional Practice
Chapter 22: Applying Cognitive Behavioral Therapy in Everyday Nursing	Chapter 18: Aesthetics in Holistic Nursing
Chapter 23: Facilitating Change: Motivational Interviewing and Appreciative Inquiry	Chapter 19: Peaceful Transitions Through Life
Chapter 24: Environmental Health	
CORE VALUE 4: Holistic Education and Research	CORE VALUE 4: Holistic Communication, Therapeutic Relationships, Healing Environments, and Cultural Care
Chapter 25: Holistic Leadership	Chapter 20: Evolving from Therapeutic to Holistic Communication
Chapter 26: Holistic Nursing Education	Chapter 21: Relationships
Chapter 27: Evidence-Based Practice	Chapter 22: Nurse Coaching
Chapter 28: Holistic Nursing Research: Challenges and Opportunities	Chapter 23: Facilitating Lifestyle Change: Motivational Interviewing and Appreciative Inquiry
	Chapter 24: Transcultural Engagement
	Chapter 25: Environmental Health
CORE VALUE 5: Holistic Nurse Self-Care	CORE VALUE 5: Holistic Education and Research
Chapter 29: Self-Development: The Foundation of Holistic Self-Care	Chapter 26: Holistic Nursing Education: Self-Reflection, Growth, Development, and Lifelong Learning
Chapter 30: Self-Assessments	Chapter 27: Creating, Appraising, and Applying Evidence to Enhance Holistic Nursing Practice
Chapter 31: Nutrition	
Chapter 32: Exercise and Movement	
Chapter 33: Addiction and Recovery Counseling	
Chapter 34: Holistic Weight Management	
Chapter 35: Smoking Cessation	
ADVANCED CONCEPTS	ADVANCED CONCEPTS
Chapter 36: Advanced Holistic Nursing Practice	Chapter 28: Opportunities and Challenges in Advanced Holistic Nursing
Chapter 37: Advancing Integrative Health and Well-Being Practice	Chapter 29: Narrative Reflections of Advanced Holistic Nurses
	Chapter 30: Advanced Pharmacotherapeutics
	Chapter 31: Role of Advanced Holistic Nurses While Working with Patients with Chronic Noncommunicable Disease Health Challenges
	Chapter 32: Cognitive-Affective Strategies to Promote Resilience and Well-Being
	Chapter 33: Holistic Approaches to Substance Use Recovery and Smoking Cessation
	Chapter 34: Current Trends in Sacred Medicine
	Chapter 35: Global Holistic Nursing