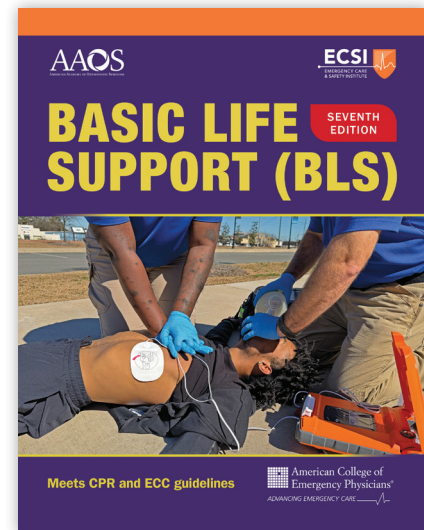


What's New in Basic Life Support (BLS) SEVENTH EDITION

Basic Life Support (BLS), Seventh Edition is ideal for use within courses designed to certify health care professionals in adult, pediatric, and infant CPR and AED. More than a stand-alone text, this student manual is the center of an integrated teaching and learning system that offers many resources to better support instructors and prepare students to learn life-saving skills.

Basic Life Support (BLS), Seventh Edition:

- Meets the latest Consensus on Science with Treatment Recommendations (CoSTR) from the International Liaison Committee on Resuscitation (ILCOR).
- Meets or exceeds the American Heart Association (AHA) Emergency Cardiovascular Care (ECC) Guidelines and is aligned with the Stop the Bleed Campaign
- Offers clear, concise, and current information on what signs to look for and what steps to take during an emergency, including how to perform CPR and use an AED.
- Provides updated coverage to reflect new CoSTR recommendations on ventilation duration; foreign body airway obstruction (FBAO) in responsive adult and responsive children older than 1 year of age; and infant CPR.
- Offers a logical presentation of information, allowing for increased proficiency and understanding of key skills and topics.
- Includes flowcharts that help reinforce the decision-making process and appropriate procedures and evaluation forms to facilitate step-by-step testing.



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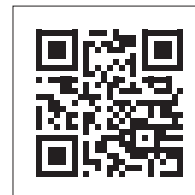
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Chapter-Specific Updates:

Chapter 1 Emergency Cardiac Care and the Health Care Professional

- References to the “Heimlich Maneuver” have been removed, as the AHA no longer references it.
- There are no longer separate chains of survival for in-hospital and out-of-hospital cardiac arrest.

Chapter 2 Understanding the Human Body

Chapter 3 Patient Assessment

Chapter 4 Basic Life Support for Adults and Children

- Updated Adult FBAO guidelines to reflect new cycles of performing of 5 back blows and 5 abdominal thrusts vs. only abdominal thrusts

Chapter 5 Basic Life Support for Infants

- Updated Infant CPR procedure to use the two-thumb encircling hands technique for chest compressions
- Updated Infant FBAO guidelines to reflect performing cycles of 5 back blows and 5 abdominal thrusts vs. only abdominal thrusts

Chapter 6 Resuscitation Adjuncts

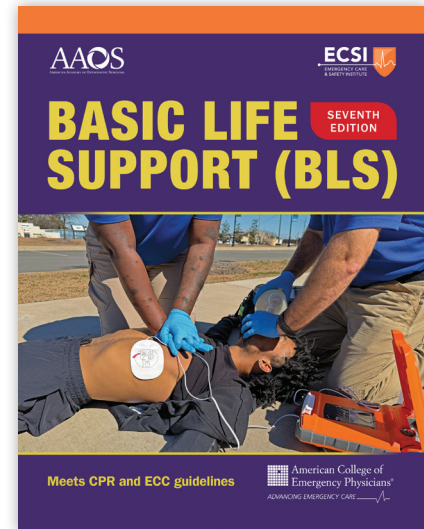
- Updated images of some AED devices to show more current and in-use technology.

Chapter 7 Special Resuscitation Situations

- Removed references to ventilation duration during rescue breathing. The focus is now on providing just enough volume to produce visible chest rise.

Appendices

- Appendix A: Evaluation Forms
- Appendix B: Answer Key



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